

**IGNOU Study Centre - 38039**  
**IGNOU REGIONAL CENTRE DELHI-3**  
**Online Counselling Sessions - July 2024**  
**Certificate Programme in YOGA (CPY) (Fresh Registrations)**



Programme	Course Code	Date	Time	Counsellor	No of Sessions	Meeting Link/ Venue	Total Students
<b>CPY</b>	BYGL-001 (Practical Sessions in <b>Physical Mode</b> )	Oct: 19, 20, 26, 27	9 – 11 AM	<b>Mr. Shishir Pokhriyal</b>	24 Hours	<b>RC Delhi-3 (Ranganathan Bhawan, C Block, near CGHS Dispensary, Naraina, New Delhi- 110028)</b>	60
		Nov: 9, 10, 16	9:00– 1:00 PM				
	BYGL-001 (InternaPractical Exam in <b>Physical Mode</b> )	Nov: 17	9:00– 1:00 PM				

- Mr. Shishir Pokhriyal:** [Shishirpokhriyal@gmail.com](mailto:Shishirpokhriyal@gmail.com)

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**NOTE FOR LEARNERS:**

- 100 percent attendance is mandatory in the PRACTICAL SESSIONS and passing in internal practical examination (to be held on November 24, 2024) is mandatory to appear in term end practical examination.
- The log-books should be carried by the learners, whenever they participate in practical training and the learners should get it countersigned by the Counsellor.

**Dr. Ashok Sharma**  
**Coordinator RCSC-38039**